

Mindfulness Based Elder Care

Mindfulness-Based Elder Care Ethics in Community-Based Elder Care Residential Care Services for the Elderly The Encyclopedia of Elder Care Evidence-Based Geriatric Nursing Protocols for Best Practice Options for Aged Care in China Elderly Care in Transition Home-based Care, the Elderly, the Family, and the Welfare State Home Based Elderly Care in the Framework of the German Long Term Care Insurance More 101 Best Home-based Businesses for Women The Penelope Project Workcare How to Start a Home-based Senior Care Business The Graying of the World Elderly Care in India Assistive Technologies Work and Family Creative Care Evidence-Based Geriatric Nursing Protocols for Best Practice The Elder Law Institute Lucia McBee Martha Holstein Doris K. Williams Eugenia L. Siegler Marie Boltz Elena Glinskaya Helge Hvid Frédéric Lesemann Melanie Eichler Priscilla Y. Huff Anne Basting George J. Pfeiffer James L. Ferry Laura Katz Olson S. Irudaya Rajan Sugan Chand Bhatia Karol Rose Anne Basting Marie Boltz Mindfulness-Based Elder Care Ethics in Community-Based Elder Care Residential Care Services for the Elderly The Encyclopedia of Elder Care Evidence-Based Geriatric Nursing Protocols for Best Practice Options for Aged Care in China Elderly Care in Transition Home-based Care, the Elderly, the Family, and the Welfare State Home Based Elderly Care in the Framework of the German Long Term Care Insurance More 101 Best Home-based Businesses for Women The Penelope Project Workcare How to Start a Home-based Senior Care Business The Graying of the World Elderly Care in India Assistive Technologies Work and Family Creative Care Evidence-Based Geriatric Nursing Protocols for Best Practice The Elder Law Institute *Lucia McBee Martha Holstein Doris K. Williams Eugenia L. Siegler Marie Boltz Elena Glinskaya Helge Hvid Frédéric Lesemann Melanie Eichler Priscilla Y. Huff Anne Basting George J. Pfeiffer James L. Ferry Laura Katz Olson S. Irudaya Rajan Sugan Chand Bhatia Karol Rose Anne Basting Marie Boltz*

she shares with us her gold the conception trial and error implementation and initial scientific investigation of a new educationally oriented treatment approach that she has named mindfulness based elder care mbec from the foreword by saki santorelli edd ma associate professor of medicine executive director center for mindfulness in medicine health care and society university of massachusetts medical school drawing on years of experience as a geriatric social

worker and mindfulness based stress reduction practitioner the author has taken jon kabat zinn s mindfulness based stress reduction program and adapted it to the particular needs of elders their families and professional caregivers mindfulness practices focus on abilities rather than disabilities in order to provide paths to the inner strengths and resources that we all possess mcbee s mindfulness based elder care conveys the benefits of mindfulness through meditation gentle yoga massage aromatherapy humor and other creative therapies to this special population she provides clear concise instructions for her program as well as a wealth of anecdotal and experiential exercises to help readers at all levels of experience hers is the first book to fully explore the value of mindfulness models for frail elders and their caregivers features of this groundbreaking volume include valuable tips for establishing programs to address each population s specific needs and restrictions designed for short classes or 8 week courses detailed experiential exercises for the reader replete with case studies clear easy to follow instructions for elders and caregivers at all levels this innovative book is suitable for use with a variety of populations such as nursing home residents with physical and cognitive challenges community dwelling elders direct care staff and non professional caregivers

caring for elders outside of institutions is the fastest growing sector of us health care building on their research study at the park ridge center editors holstein and mitzen together with a team of experts examine the complexities involved in developing an ethics for community based long term care they also challenge policymakers to make home care a more viable option for older people in need chapters address many of the ethical and practical problems that arise in the care of older people with physical and mental disabilities including how to allocate scarce funds how to keep good caregivers how to balance concerns of autonomy risk and safety and worker stress the volume is an excellent resource for practitioners policymakers and students

this handbook is designed to help individuals and families determine the feasibility of starting a small home business providing residential home services for one or more elderly persons persons interested in starting this type of business will find a goldmine of important information in residential care services for the elderly as a valuable decision making tool it helps readers determine if this type of business venture is appropriate and if so how to start and maintain a residential care service for the elderly thorough coverage of background and implementation details provides potential operators with a rationale and necessary current information numerous self assessment and resource inventories in this practical handbook will guide interested persons in determining their areas of interests

and competencies opportunities for networking among state licensing standards agencies funding agencies and a listing of elder care organizations and advocacy groups adds value to this time saving resource ensuring a quicker and more likely success

focusing on the broad but practical notions of how to care for the patient the encyclopedia of elder care a state of the art resource features nearly 300 articles written by experts in the field multidisciplinary by nature all aspects of clinical care of the elderly are addressed coverage includes acute and chronic disease home care including family based care provisions nursing home care rehabilitation health promotion disease prevention education case management social services assisted living advance directives palliative care and much more each article concludes with specialty web site listings to help direct the reader to further resources features new to this second edition more extensive use of on line resources for further information on topics thoroughly updated entries and references inclusion of current research in geriatrics reflecting evidence based practice new topics including assisted living nursing home managed care self neglect environmental modifications home institution technology neuropsychological assessment psychoactive medications pain acute and chronic still the only reference of it kind the encyclopedia of elder care will prove to be an indispensable tool for all professionals in the field of aging such as nurses physicians social workers counselors health administrators and more

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china is aging at an unprecedented rate improvements in life expectancy and the consequences of the decades old family planning policy have led to a rapid increase in the elderly population according to the united nations world population prospects the proportion of older people age 65 and over will increase by about one fourth by 2030 and the elderly will account for about one quarter of the total population by 2050 population aging will not only pose challenges for elder care but also have an impact on the economy and all aspects of society world bank 2016a the government is aware of the need to develop an efficient and sustainable approach to aged care to this end the general office of the state council issued the 12th five year plan for the development of aged care services in china and the development plan for a system of social services for the aged 2011 2015 it is now in the process of formulating the 13th five year national plan on aging which will further elaborate and finalize the reform roadmap for 2016 to 2020 the plan is expected to be finalized and launched by june 2016 the national development and reform commission ndrc

helped draft these plans and is now leading the development of policy measures for the provision of social services for the elderly this volume has been prepared to support the translation of the broad ideas on aged care provision expressed in the 12th and 13th five year plans and other government plans into reality and to help the government tackle the challenges described above it strives to identify a policy framework that fits the chinese context and can be put in place gradually specifically it aims to provide an up to date understanding of the evolving aged care landscape in china review international experiences in long term care provision financing and quality assurance and assess their relevance to china s current situation discuss implications of current developments and trends for the future of aged care in china and propose policy options based on available evidence and best practices

in scandinavia work in elderly care is a principal occupation and constitutes an important part of professional care work over the last decade this sector has become a test piece for new public management npm it is the area where npm inspired rationales and methodologies have been applied to the greatest extent this book explores the challenges and future possibilities in elderly care from a working life perspective researchers from three scandinavian countries present new studies of the daily work in elderly care the change of tasks and services and the reconstruction of a semi profession the specific translation of npm into the scandinavian context is examined and how this affects the meaning and identity of work in elderly care and the possibilities to reconstruct meaning under standardized working conditions the new ideals of line management of elderly care and the ambiguities between bureaucracy and professionalism subjectivity and emotions as a decisive element of the work in elderly care the creation of new professionalism in pockets of the sector the shifts in valuation of experience based knowledge and care orientation the book draws attention to new trends in the sector that may make way for transforming the logic of npm and thus points to possibilities that will enrich working life

based on overviews from seven industrial countries the various contributors look at government interventions targeting the dependent elderly and situate this group in the framework of demographic change and history of social services and social policy they identify current challenges and highlight certain response strategies which often represent experimental solutions

this book picks up right where 101 best home based businesses for women lets off with 101 more businesses women can set up and run successfully from their own homes these operations run the gamut from mail order to the arts

franchises to consumer services high tech to health care

of the 15 000 nursing homes in the united states how many are places you d want to visit much less live in now that people are living longer and more of the population are elderly this question is more important than ever particularly for people with disabilities we must transform long term care into an experience we and our loved ones can face without dread it can be done the penelope project shows how by taking readers on an ambitious journey to create a long term care community that engages its residents in challenging meaningful art making at milwaukee s luther manor a team of artists from the university of wisconsin s theatre department and sojourn theatre company university students staff residents and volunteers traded their bingo cards for copies of the odyssey they embarked on a two year project to examine this ancient story from the perspective of the hero who never left home penelope wife of odysseus together the team staged a play that engaged everyone and transcended the limits not just of old age and disability but also youth institutional regulations and disciplinary boundaries inviting readers to see through the eyes of residents students artists staff family members and experts in the fields of education long term care and civically engaged arts practice this book underscores the essential role of the arts and humanities in living richly waiting as penelope waited need not be a time of loss and neglect the penelope project boldly dreams of how to make late life a time of growth and learning if you dream of improving people s lives through creative endeavors this book provides practical advice

covering the range of senior care businesses that are increasingly i demand today this bo9ok shows how to start and run a profitable ethical and satisfying home based business in this field it covers those businesses that can be set up by people with special qualifications such as nurses social workers and others with health and human services degrees as well as those that can be run by individuals with little or not formal training who have an interest in caring for others

this unique book studies america s frail older population relative to the elderly in ten other nations it contains a cross national assessment of approaches to long term care for the elderly and explains the nature and extent of current and future problems related to caring for the functionally impaired elderly by studying and analyzing the ongoing struggles of other nations in their attempts to cope with growing populations of frail elderly readers in the u s can expand the parameters of their own national debate on the subject the graying of the world shows the political

economic and social context in which decisions on elder care are based and evaluates how successful various countries programs have been chapters outline alternative approaches taken by disparate types of national systems highlighting unique and creative solutions to provide useful information on new and alternative ways to respond to personal and public issues related to elder care the elderly and their care in finland france germany great britain israel japan people s republic of china sweden and yugoslavia are discussed as are the elderly in canada and the united states chapters cover the following topics for each country the increasing number of frail elderly and their costly health needs the current and future role of the state in elder care the current and future role of the family in elder care types of support services offered for the elderly including in home care community based care and institutional care the relationship of a nation s political economy to its attitude and policy on long term care innovative approaches to elder care practitioners decision makers and the concerned general public will all find the graying of the world an interesting and informative book that expands the discussion of health care options available for the elderly as such the book is also a helpful text for undergraduate and beginning graduate students of gerontology public policy and comparative politics as well as for social service practitioners it provokes much needed conversation on developing a healthcare plan for the future that meets the needs of a large elderly population

this volume highlights a range of issues underpinning elder care in india with particular focus on the challenges that india faces in caring for the elderly in addition to the very limited state support and near total dependence on the family for long term social care and economic support the changing dynamics between generations in the family structure and privatization of health care in general create new challenges that need to be addressed although care plays a significant role in the well being of the elderly there is not much research available from india this volume draws on field based evidence and the legal framework in india to understand the ways in which care is organized for the elderly and to locate the main sources of care provision the book addresses key themes such as shrinking of traditional support base of the elderly trajectory of old age homes in india and care arrangements for the elderly within the community written by academics and practitioners in the field of gerontology this book is an informative resource for demographers gerontologists social scientists studying aging and human rights and legal experts working with the aged

a macarthur genius grant recipient pioneers a radical change in how we interact with older loved ones especially those experiencing dementia as she introduces a proven method that uses the creative arts to bring light and joy to the lives

of elders in creative care anne basting lays the groundwork for a widespread transformation in our approach to elder care and uses compelling touching stories to inspire and guide us all family friends and health professionals in how to connect and interact with those living with dementia a macarthur genius grant recipient basting tells the story of how she pioneered a radical change in how we interact with our older loved ones now used around the world this proven method has brought light and joy to the lives of elders and those who care for them here for the first time everyone can learn these methods early in her career basting noticed a problem today s elderly especially those experiencing dementia and alzheimer s are often isolated in nursing homes or segregated in elder care settings making the final years of life feel lonely and devoid of meaning to alleviate their sense of aloneness basting developed a radical approach that combines methods from the world of theater and improvisation with evidence based therapies that connect people using their own creativity and imagination rooted in twenty five years of research these new techniques draw on core creative exercises such as yes and and beautiful questions this approach fosters storytelling and active listening allowing elders to freely share ideas and stories without worrying about getting the details correct basting s research has shown that these practices stimulate the brain and awaken the imagination to add wonder and awe to patients daily lives and provide them a means of connection both with the world and with those caring for them creative care promises to bring light and hope to a community that needs it most

this new edition of one of the premier references for geriatric nurses in hospital long term and community settings delivers current guidelines real life case studies and evidence based protocols developed by master educators and practitioners with a focus on improving quality of care cost effectiveness and outcome the fifth edition is updated to provide the most current information about care of common clinical conditions and issues in older patients several new expert contributors present current guidelines about hip fractures frailty perioperative and postoperative care palliative care and senior friendly emergency departments additionally chapters have been reorganized to enhance logical flow of content and easy information retrieval protocols systematically tested by more than 300 participating niche nurses improving care for health system elders hospitals are organized in a consistent format and include an overview evidence based assessment and intervention strategies and an illustrative case study with discussion additionally protocols are embedded within chapter text providing the context and detailed evidence for each chapter objectives annotated references and evidence ratings for each protocol are provided along with resources for additional study new to the fifth edition reorganized to enhance logical flow of information and ease of use updated and revised includes new contributions from expert educators and practitioners provides new chapters on

perioperative and postoperative care general surgical care care of hip fracture palliative care and the senior friendly emergency department key features includes powerpoints and a test bank for instructors delivers evidence based current guidelines and protocols for care of common clinical conditions in the older person illustrates the application of clinical protocols to real life practice through case studies and discussion edited by nationally known geriatric leaders who are endorsed by the hartford institute for geriatric nursing and niche written for nursing students nurse leaders and practitioners at all levels including those in specialty roles

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