

Coaching Con Pnl O Connor

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sabes cuántas personas han muerto en el mundo por hablar en público si crees que la respuesta es ninguna te equivocas william henry harrison noveno presidente de estados unidos 1773 1841 falleció después de dar su discurso de investidura los hechos sucedieron así cuentan que pronunció su alocución del 4 de marzo sin estar lo suficientemente abrigado por lo que murió un mes después de neumonía hoy en día para casi el 90 de las profesiones se necesita hablar en público si eres emprendedor es imprescindible que sepas hacer una efectiva y breve presentación para explicar cómo es tu empresa y venderte a posibles clientes es lo que se viene llamando conversación del ascensor o elevator pitch si eres un profesional que pronuncia conferencias conocer cómo se hace un pecha kucha es básico para aprender a sintetizar y controlar los tiempos si eres periodista tu oportunidad está en saber escribir discursos con programación neurolinguística pnl un trabajo de presente y futuro si diseñas presentaciones visuales para ti o para otros tienes que estar a la última en cuanto a tendencias de comunicación y si no empleas la oratoria en tu vida profesional en la personal también encontrarás oportunidades para utilizarla en un brindis en una boda al defender tu punto de vista ante la comunidad de vecinos o hacer una pregunta en un debate

todos y cada uno de nosotros poseemos un gran tesoro interior nuestro liderazgo natural que nos hace únicos como seres humanos aunque muchas veces no somos conscientes de ello o pensamos que dicha cualidad solo la tienen grandes personajes como gandhi o mandela con el fin de reconectarnos con ese don innato tan valioso para la persona y la sociedad ya eres líder aparece como un faro que nos muestra el camino hacia nuestro verdadero ser y nos invita a abrir la mente y el corazón a nuevas formas de observar la

vida nuria sáez y julián trullén nos guían por un viaje vital y nos dan las claves sobre cómo aplicar el coaching la inteligencia emocional y la programación neurolingüística al liderazgo del día a día

this book provides you the tools to become a master coach along with the necessary inspiration to utilize them for the enrichment of your life and the life of those who interact with you

el propósito fundamental de este libro es explorar diversas perspectivas metodologías e innovaciones en el ámbito educativo con un enfoque en la integración de los ods como marco referencial cada capítulo aborda temáticas relevantes y actuales desde el juego como herramienta pedagógica hasta el análisis del clima motivacional en contextos deportivos pasando por la aplicación de la inteligencia artificial en la enseñanza y el abordaje de problemáticas como el absentismo escolar o la violencia de género a través de un enfoque interdisciplinario se busca promover la reflexión crítica y la acción transformadora en el ámbito educativo reconociendo la importancia de la investigación como motor de cambio y la innovación como medio para alcanzar una educación más inclusiva equitativa y sostenible cada contribución en este volumen representa un eslabón en la construcción de una educación orientada hacia la consecución de los ods que aspira a formar ciudadanos críticos comprometidos con el bienestar de la sociedad y el cuidado del planeta en este sentido el presente libro aspira a ser una herramienta valiosa para académicos docentes estudiantes y profesionales interesados en el desarrollo de una educación que contribuya a un futuro más justo y sostenible para todos

qué le pides a la vida qué es importante para ti tienes ahora mismo lo que te mereces cuánto más puedes conseguir el coaching es un medio poderoso para desarrollar lo mejor de ti mismo tanto en tu vida privada como en tu profesión el coaching no sólo puede cambiar tu vida personal es también uno de los medios con la mejor relación coste eficacia para destacar en el mundo de los negocios este libro te proporciona las herramientas que necesitas para convertirte en un master coach junto con la inspiración necesaria para utilizarlas al servicio del enriquecimiento de tu vida y de las de quienes se relacionan contigo aprenderás cómo dar dirección a tu vida cómo vivir de acuerdo con tus valores más profundos cómo construir un plan de acción poderoso cómo tratar con los obstáculos cómo formular las preguntas más poderosas y eficaces qué es el coaching y cómo funciona Éste es el libro que necesitas para desarrollar tus habilidades de coaching tanto para la vida privada como para la profesional

con más de un millón de ejemplares vendidos en el mundo introducción a la pnl está considerado uno de los grandes títulos de referencia sobre programación neurolingüística la pnl es una manera de pensar y organizar la fantástica complejidad del pensamiento y la comunicación humanos para mejorar la eficiencia tanto personal como profesional se basa en establecer modelos de habilidades y técnicas inspirados personas que han llegado a ser excelentes en su campo y su uso está cada vez más extendido en la comunicación los negocios la educación la terapia y el desarrollo personal en esta extraordinaria introducción a los métodos de la pnl joseph o connor y john seymour nos enseñan a invertir en el mayor activo que poseemos nosotros mismos alcanzar la excelencia profesional conseguir las metas que nos propongamos dominar la comunicación lograr un aprendizaje óptimo hay muchos aspectos en los que podemos brillar y esta apasionante metodología nos ofrece los modelos las destrezas y las técnicas para conseguirlo

alcanza tus metas y mejora tu vida a nivel personal profesional y espiritual gracias a la programación neurolingüística los usos y beneficios de la programación neurolingüística pnl son innumerables nos ayuda a aumentar la confianza en nosotros mismos evita que

caigamos en estados de desánimo o depresión nos estimula en nuestro desarrollo profesional y nos da las claves para alcanzar cualquier objetivo que nos propongamos esta guía explica los principios de la pnl y cómo aplicarlos a nuestra vida a nivel personal espiritual y profesional sabrás qué es la pnl y cómo funciona cómo fijarse en la excelencia para alcanzar los mejores resultados cómo mejorar las relaciones humanas y cómo estar en sintonía con tus patrones de comportamiento lenguaje y sentidos así como con los de las personas que te rodean y cómo utilizar este conocimiento para alcanzar tus metas

coaching na mediação de família é um guia que aborda como o coaching pode ser utilizado no contexto da mediação de conflitos familiares ajudando pessoas a resolverem seus problemas de forma não adversarial e sem a necessidade de judicializar afetos e desejos preservando vínculos afetivos aprimorando um diálogo eficaz e não violento o livro promove a cultura da pacificação de conflitos de família através de métodos autocompositivos em uma área claramente interdisciplinar e que se encontra em franco desenvolvimento no brasil

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